

Hearing Loss Support Specialist Training

Table of Contents Class II: *Coping with Hearing Loss*

Introduction

Required Reading

How to Use and Apply the Knowledge You Will Gain in This Class, HLAA

Video

Living with Hearing Loss, Learn About Hearing Loss Video Series

Lesson 1: How Social Stereotypes, Self-Perception, and Personal Knowledge Impact Individual Responses to Hearing Loss

Introduction

Required Reading

1. *Presbycusis, Mortality and Brussels Sprouts*, Michael Harvey*
2. *What's on Your Mind?*, Michael Harvey
3. *To Teach is to Learn Twice Over*, Janet Pepperday

Recommended Reading

Elsie: An Information Gathering Interview and Brief Therapy Summary,
Scott J. Bally

Lesson 2: Elements of Crisis and the Grieving Process Applied to Hearing Loss

Introduction

Required Reading

1. *When Hearing Loss Precipitates Crisis*, Scott J. Bally
2. *Responding to Emotional Crisis*, Deborah Trueheart
3. *Hearing Loss and Grieving*, Margaret Robertson
4. *The Five Stages of Grieving Over Loss of Hearing*, Hazel Inglis
5. *The Rest of the Family Needs to Grieve Too*, Neil Bauman

Recommended Reading

1. *I Can Both Grieve and Be Grateful*, Michael Harvey
2. *Coming to Terms with Hearing Loss*, Michael Harvey

Lesson 3: Emotional Responses to Difficulties in Communicating

Introduction

Required Reading

1. *Hearing Aids and Seniors—Addressing Consequences of Untreated Hearing Loss*, Carolyn A. Holmes
2. *Changing the Rules of Trivial Pursuit*, Michael Harvey*

Recommended Reading

1. *Tinnitus No More: Aspen Here I Come*, Michael Harvey*
2. *The Anatomy of Trauma and Triumph*, Michael Harvey*
3. *More Humor Can Mean Less Hard of Hearing*, John F. Lavey

Lesson 4: Effects of Hearing Loss on Communication Behavior

Introduction

Required Reading

1. *Coping with Hearing Loss*, Sam Trychin
2. *Excerpts from Living With Hearing Loss Workbook: Cognitive Reactions*, Sam Trychin
3. *How to Spot a Bluffer*, Robert S. Elkins

Lesson 5: Hearing Loss and Mental Health

Introduction

Required Reading

1. *Hearing Loss in Older Adults: Its Effect on Mental Health*, Claudia Dewane
2. *What's On Your Mind? Adjustment Disorder*, Michael Harvey
3. *The Link Between Untreated Hearing Loss and Mental Health*, Vestibular Disorders Association
4. *Resilience to Trauma: An Inspirational Voice from Cyberspace*, Michael Harvey*

Recommended Reading

1. *Hearing Loss and Brain Function in Older Adults*, Johns Hopkins Medicine
2. *Depression in Older Adults with Hearing Loss*, Tina Mullins

Lesson 6: Reactions of Family and Friends to a Person's Hearing Loss

Introduction

Required Reading

1. *The Forgotten Family*, Robert L. Beck
2. *How Your Hearing Loss Affects Your Family and Friends*, Marcia Dugan
3. *Dear Mom and Dad, if Only You Had Known*, Michael Harvey*
4. *Pockets of Gold*, Michael Harvey*

Recommended Reading

1. *Sexuality and Intimacy with Hearing Loss*, Rocky Stone, Ronald Reiter and Robert Trotter
2. *Why People with Hearing Loss Should Meet Other People with Hearing Loss*, Gael Hannan
3. *A Letter to My Daughter*, Virginia Tierney

Lesson 7: Reactions of Groups to a Person's Hearing Loss

Introduction

Required Reading

- Why Groups are Great*, Scott J. Bally

Lesson 8: Special Challenges Relevant to a Person Growing Up with a Hearing Loss

Introduction

Required Reading

- Definitions and Descriptions*, Mark Ross

Recommended Reading

1. *Defining Moments in Hearing Loss*, Kathleen Hawes
2. *Growing Up With Hearing Loss*, Anne-Marie Mullins

Lesson 9: Special Challenges Relevant to a Person who Acquired a Hearing Loss Gradually

Introduction

Required Reading

1. *Progressive Hearing Loss: Men and Our Fathers*, Michael Harvey.*
2. *Teaching an Old Dog New Tricks: The Aging Brain and Hearing Loss in Older Adults*, Kathleen Cienkowski

Recommended Reading

1. *Work in Progress*, Judy Metter
2. *My Electronic Ears*, Eleanore Devine

Lesson 10: Special Challenges Relevant to a Person Coping with Sudden Onset of Hearing Loss

Introduction

Required Reading

1. *Sudden Hearing Loss*, Neil Bauman
2. *Vicarious Hearing Loss: A Spouse's Tale*, Michael Harvey

Recommended Reading

1. *There is Life after Deaf*, Ruth Walworth
2. *Late DEAFinitions*, Justin De Mello

Lesson 11: Special Challenges Relevant to a Hard of Hearing or Deaf Person with Additional Disabilities

Introduction

Required Reading

1. *I am Hard of Hearing, But I Can See Fine...Coping with Hearing and Vision Loss*, Jane Biehl
2. *Diabetes and Hearing Health*, Max Chartrand

Recommended Reading

1. *Syndromes that Present with Both Hearing and Vision Loss*, HLAA
2. *Sight for Failing Eyes*, Ruth Fangmeier and Cynthia Stuen

3. *Identifying Vision and Hearing Loss in Infants with Disabilities*, Deborah Chen
4. *Breaking the Chain of Substance Abuse and Hearing Loss*, Carolyn Cosmos

Lesson 12: How Cultural Influences May Impact Responses to Hearing Loss

Introduction

Required Reading

1. *Personal and Social Identity of Hard of Hearing People*, Mark Ross
2. *Developing an Identity for People with Hearing Loss*, Donna L. Sorkin
3. *Excerpts from Being Hard of Hearing is 'Many Different Experiences' for This Diverse Group*, Randall Gentry.
4. *Between Two Worlds*, Michael Harvey.*

Recommended Reading

Why Do the Tulips Taste So Nice?, Loraine DiPietro

Lesson 13: Coping and Communication Strategies – An Overview

Introduction

Required Reading

1. *Using a Problem Solving Approach*, Scott J. Bally
2. *Communication Strategies: Some Basic Concepts*, Scott J. Bally
3. *Anticipatory Strategies for Supporting Communication*, Scott J. Bally
4. *Maintenance Strategies for Supporting Communication*, Scott J. Bally
5. *Repair Strategies for Supporting Communication*, Scott J. Bally
6. *Communication Strategies for Technology Users*, Scott J. Bally
7. *Post-Communication Assessment*, Scott J. Bally

Recommended Reading

Oh, My Aching Ears! Listening Effort and Hearing Loss, Brad Ingrao

Lesson 14: Spirituality and Hearing Loss

Introduction

Required Reading

1. *Perspectives on Spirituality and Hearing Loss*, Scott J. Bally
2. *What's on Your Mind?*, Michael Harvey
3. *The Questions May Sound Simple, but the Answers are Not*, Terry Portis
4. *The Late-Deafened Spiritual Connection*, Nancy Kingsley

*Readings that are starred are in the book *Odyssey of Hearing Loss: Tales of Triumph* by Michael Harvey, Ph.D.; available from Amazon and other retailers.