Over-the-Counter (OTC) Hearing Aid Shopping Checklist

*Important steps as you shop for an OTC hearing aid*

- **Look for “OTC” on the label**
  This new class of products must adhere to new FDA standards.

- **Make sure there’s a money back return policy**
  It can take 3-4 weeks to adjust to a hearing aid in various settings, to determine if it will work for you.

- **Understand the product’s capability and functionality**
  - ✔️ Is it likely to help with the common situations where I have trouble hearing?
  - ✔️ Is the battery rechargeable, and how long will it last?
  - ✔️ Does it have Bluetooth or Telecoil connectivity?

- **Know what equipment is needed to operate or adjust the product**
  - ✔️ Is a smartphone or computer needed, and am I comfortable doing that?

- **Make sure the hearing aid fits comfortably in your ear**
  It shouldn’t cause pain, or fall out of your ear.

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**You’re not alone!**

Millions of people have hearing loss, and you’re taking an important step to treat it. You may need to try multiple products to fit your individual needs — don’t give up! If necessary, seek the help of an audiologist or hearing care professional who can advise you.

Consider joining [HLAA’s community of support](https://hearingloss.org/OTC). We’re the leading organization representing people with hearing loss. Visit [hearingloss.org/OTC](https://hearingloss.org/OTC) for more information.